



## *The Dolphin Horse*

The energy of horses and dolphins are very similar. The Arabian horse is said to be the land animal of the dolphin. Dolphins are here to assist us to open up our hearts and to experience joy and are true healers on this planet. Horses can teach us about self-esteem and mirror our imperfections as humans and show us how to be truly self empowered.

Empowerment and love come from within and we all have this, even though it may be buried or masked by our self-limiting belief systems.

The Dolphin Horse is a reminder to us to make choices in our life that come from our heart and to assist us to learn to love, respect and honor ourselves and others.